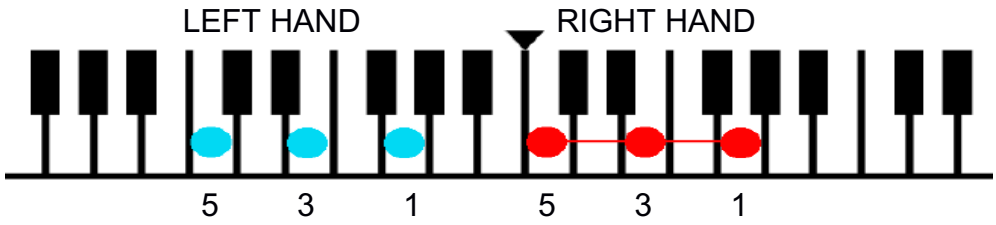
RHYTHM # 6

TWIST

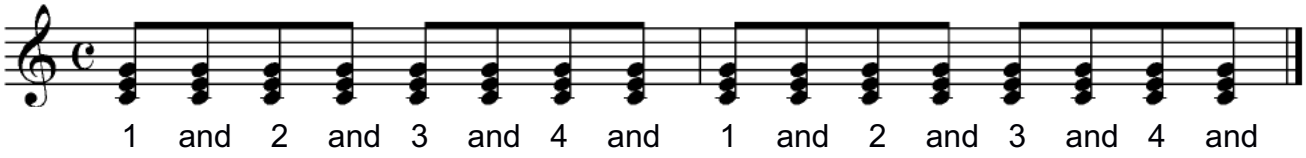
TWIST RHYTHM

This rhythm uses a 3-note pattern in the LEFT hand, but DON'T PANIC, the 3 LEFT hand notes always MATCH the 3 notes of the RIGHT hand

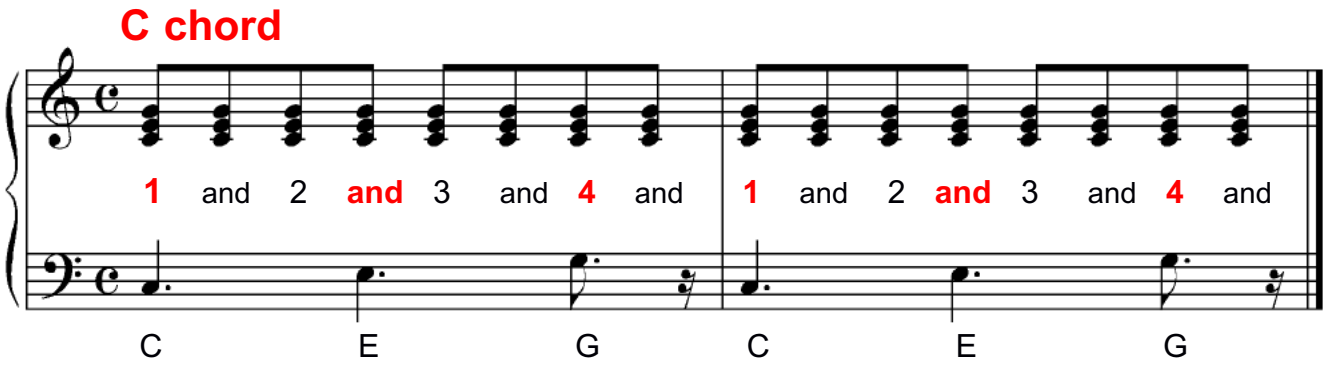
Locate these LEFT and RIGHT hand **C** CHORDS



Now beat out a FAST - EIGHT 1/2 BEATS per bar with the RIGHT hand



Now add the LEFT hand notes on these beats



To help you know when to bring in the LEFT hand notes 'say' the BEATS out loud where the left hand notes come in.

ie "**ONE** and two **AND** three and **FOUR** and **ONE** and two **AND** three and **FOUR** and"

It is also good practice to tap this rhythm out with both hands on the table - this way you'll get used to is as PURE rhythm and the notes won't distract you

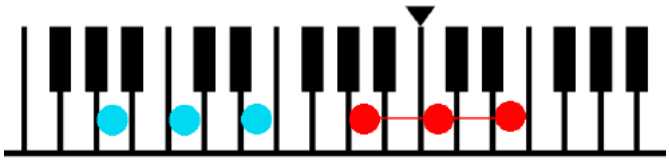
Now let's play some tunes using this rhythm

A TYPICAL PROGRESSION

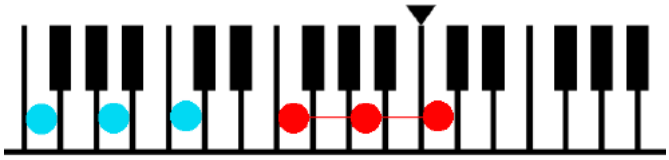
Transpose the rhythm you just learned using the chord of C to the chords of Am, F and G and then play the progression in the style of LET'S TWIST AGAIN (see how many songs use this chord progression!)

C

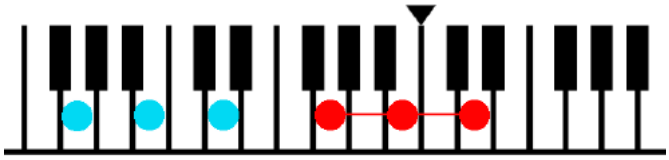
Am



F



G



Rhythm - Twist (LET'S TWIST AGAIN)

C	C	Am	Am	F	F	G	G

TWIST RHYTHM PRACTICE PROGRESSIONS

Rhythm- Twist (STAND BY ME - Ben E King)

C	C	Am	Am	F G	C	C	

keep repeating

Rhythm- Twist (UNDER THE BOARDWALK - The Drifters)

G	G	D	D7	D	D	G	G
C	C	G	G	G	D	G	G

Rhythm - Twist 2 (BARBARA ANNE - The Beach Boys)

C	C	F	F	C	C	G	F
C	C						

Rhythm- Twist (ONLY THE LONELY - Roy Orbison)

G	G	G	Am	Am	D	D	D7
G	G						

Rhythm - Twist (THE BALLAD OF JOHN AND YOKO - Beatles)

C	C	C	C	C7	C7
C7	C7	F	F	C	C
G	G7	C	C		

*The above progressions are for improvisational purposes only.
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at www.sheetmusicdirect.com or www.musicnotes.com or www.musicroom.com